

My Favorite Recipe Sources

Websites and Blogs

ComfyBelly.com
NoMoreCrohns.com
AgainstAllGrain.com
Blog.SweetLaurel.com
EveryLastBite.com
SCDLifestyle.com
JanesHealthyKitchen.com
ALifeofHappenstance.com
HappyGutForLife.com
NonNomPaleo.com
ElenasPantry.com (search grain free recipes)

Cookbooks

Sweet Laurel (all time favorite for sweet treats!)
by Laurel Gallucci and Claire Thomas

Against all Grain by Danielle Walker

A Taste of Wellness by Rochel Weiss

Cooking for the Specific Carbohydrate Diet by Erica Kerwien

Recipes for the Specific Carbohydrate Diet by Raman Prasad

Eat Well Feel Well by Kendall Conrad

The Heal Your Gut Cookbook
by Hilary Boynton and Mary G. Brackett

GAPS Family Cookbook by Andre Parker

Recover with GAPS by Pamela Jenkins and Donna Gates

Practical Paleo by Diane Sanfilippo and Bill Staley

The Ultimate Paleo Cookbook by Arsy Vartanian and Caroline Potter

The Defined Dish by Alex Snodgrass and Melissa Hartwig Urban